

SPRING TRAINING SERIES

NALNASHVILLE, TENNESSEE WITH NASHVILLE FIRE AND OEM APRIL 10-28, 2021

WHAT YOU NEED TO KNOW

OBJECTIVE Candidates successfully completing this training series certify as: Public Safety Scuba Instructor, Critical Skills Diver Trainer, Dive Rescue I Trainer, and Rapid Intervention Techniques Trainer.

Med Dive is offered as a prerequisite before attending Public Safety Scuba Instructor and Dive Rescue 1 Trainer. Attendees may also become certified in Light Salvage & Recovery. Each training course may be attended individually, if prerequisites are met.

JUSTIFICATION This series readies candidates to administer Public Safety Diver, Critical Skills Diver, Dive Rescue 1, and Rapid Intervention Techniques training to their own agency personnel for just the cost of student kits. These credentials convey the core principles and skills for a fully operational dive rescue team. Teams with a trainer on staff realize significant cost and logistic benefits including training on their own schedule and the capability to continuously keep their team trained and ready for dive operations.

CERTIFICATIONS, DURATION, & TUITION

Critical Skills Diver:

April 10-11, 2021- \$365.00

Med Dive:

April 12-13, 2021- \$350.00

Light Salvage & Recovery:

April 14-16, 2021 - \$405.00

Public Safety Scuba Instructor:

April 17-21, 2021 - \$925.00 Tuition for PSSI is \$675.00 if candidate is a current recreational scuba instructor.

Critical Skills Diver Trainer:

April 22, 2021 - \$400.00

Dive Rescue 1 Trainer:

April 23-27, 2021 - \$675.00 Tuition for DRIT is \$925.00 if candidate is a current recreational scuba instructor but not a PSSI.

Rapid Intervention Techniques Trainer: April 28, 2021 - \$400.00

RECOMMENDED FOR

Agency Training Officers and others wanting to extend their skills and training.







ACCOMMODATIONS

Drury Inn & Suites - Airport 555 Donelson Pk. Nashville, TN 37214 (800) 325 - 0720

\$121.00 single or double Group Rate: 2422367 (Rate good until March 11, 2021)





LOCATION OF CLASSROOM

Metro Southeast 1417 Murfreesboro Rd. Nashville, TN 37217

CLASS BEGINS AT 8:00 AM



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MAKING IT HAPPEN

TRAVEL 📍

- Confirm classes with Dive Rescue International before making airline reservations.
- CANCELLATION

Prior to 3 weeks: Full Refund

APPLICATIONS All Trainer classes require an application. These are available at: www.DiveRescueIntl.com



TO REGISTER

ONLINE <u>WWW.DIVERESCUEINTL.COM</u>

IN PERSON OR BY POSTAL SERVICE 201 N Link Ln Fort Collins, CO 80524

> BY PHONE (800) 248 - 3483 X. 18

FAX THIS FORM (970) 482 - 0893

PLEASE REGISTER ME

| Course Title | Course Dates | Tuition |
|---------------------------------------|-------------------|---------------------|
| Critical Skills Diver | April 10-11, 2021 | \$365.00 |
| Med Dive | April 12-13, 2021 | \$350.00 |
| Light Salvage & Recovery | April 14-16, 2021 | \$405.00 |
| Public Safety Scuba Instructor | April 17-21, 2021 | \$675.00 / \$925.00 |
| Critical Skills Diver Trainer | April 22, 2021 | \$400.00 |
| Dive Rescue 1 Trainer | April 23-27, 2021 | \$675.00 / \$925.00 |
| Rapid Intervention Techniques Trainer | April 28, 2021 | \$400.00 |

| First Name | Last Name | |
|-----------------|------------------|--|
| Mailing Address | | |
| Best Phone | E-mail | |
| Department | Department Phone | |

Payment Information (Credit Cards charged or Invoices sent 2 weeks before class)

| Person | al Card 🛛 🗌 🛛 |)epartme | nt Card |
|------------------------------------|---------------------|------------|-------------------------------|
| Credit Card Number | E | кр | CVC |
| Billing Address | | | |
| Name on Card | Phone Number | | |
| 🗌 Invoice my Depar | rtment by Postal Se | ervice 🗌 | Invoice by E-mail |
| Purchase Order Number | Please provide Dive | e Rescue I | nternational a copy of the PO |
| Finance Department Phone Number | | | |
| Finance Department Billing Address | | | |
| Finance Department E-mail Address | | | |

CRITICAL SKILLS DIVER training is Dive Rescue International's newest two-day diver preparedness class. Public safety diving often occurs in zero (or close to zero) visibility with multiple, unknown entanglement hazards. Through the CSD training course students learn the processes, causes, signs, and symptoms stressors apply to divers. Stress can lead divers down a path ending in panic - which always requires outside intervention.

CSD training identifies this pathway and helps students to prevent the onset of panic. Students establish a baseline set of skills, learn the stress to panic pathway, and gain knowledge supporting the value of repetition in training. Students achieve muscle memory, stress survival responses, and become inoculated against stressors associated with public safety diving. Participants greatly improve their competency and comfort in the water.

TOPICS INCLUDE Scuba fatalities • Stressors, diver stress, diver response • Panic, diver panic, diver response • Management, prevention, and inoculation of stress • Physiological and psychological rigor • Entanglement protocol • Out of air emergency protocol • Problem solving underwater

PREREQUISITES All students must be a member of a public safety agency and at least 18 years of age. Students must read and complete a RSTC medical statement prior to attending class. **Any diver answering yes to any contraindication must have the medical statement signed by a physician.** Diving students must have proof of open water certification.



These programs are designed for personnel who are physically fit. Participants are encouraged to participate after successfully completing the IADRS Watermanship Test or testing to a fitness level of 13 MET (Metabolic Equivalents) or greater. Participants with aerobic fitness questions or concerns should consult their physician prior to in-water training. CSD is a Dive Rescue II training class, but due to the important nature of the training, students may attend without Dive Rescue I certification.

BE SURE TO BRING All students must bring: Pen and paper for notetaking and sketching. Diving students must provide their own equipment:

Exposure suit adequate for swimming pool environment, scuba regulator: recently serviced and environmentally protected with alternate air source (i.e.: octopus, Air III, etc.), timing device, depth and submersible pressure gauges, BC with oral/power inflator, two tanks with current Hydro & VIP, mask, snorkel, fins, weight system and two cutting tools (knife, wire cutters, or trauma shears) swim suit, exposure suit, and goggles. Recreational / Sport diving equipment is suggested.



MED DIVE is Dive Rescue International's renowned 20-hour training program for certified divers, surface support personnel, EMS professionals, and other medical professionals involved with dive teams. Students learn how to recognize and treat hyperbaric injuries. More importantly, graduates of this program will learn how to prevent injuries and safeguard their teammates. This program includes numerous hands-on practical sessions. Successful completion of this program is measured in class participation and an end of program comprehensive test.



TOPICS INCLUDE Medical evaluation of divers • Decompression physiology

• Pulmonary barotrauma • Rapid field neurological exam • Field treatment of compressed gas injuries • Oxygen administration • Post-diving considerations • Advanced treatment principles

PREREQUISITES All students must be a member of a public safety agency, at least 18 years of age and have current First Aid and CPR training.

BE SURE TO BRING Pen and paper for note-taking and sketching. A stethoscope and sphygmomanometer are also suggested, but not required.

LIGHT SALVAGE & RECOVERY will take your dive team to a more advanced level of service. By teaching your dive members to compete safe salvage operations, you can offer an environmentally conscious service to your community. Students should be prepared to make several lifts using various techniques. The focus of the program will be conducting salvage operations as they apply to underwater crime scenes and investigations. The techniques taught in this program can be applied to the salvage or recovery of boats, automobiles and aircraft. This program is conducted in a classroom, pool and at an open-water site to allow students to practice their new skills in a controlled environment before the field scenarios.

TOPICS INCLUDE Scene Evaluation • Operational Organization • Selecting Specialized Lifting Equipment • Underwater Rigging • Specialized Lifting Techniques

PREREQUISITES All students must be a member of a public safety agency and at least 18 years of age. Students must also read and complete a RSTC medical statement prior to attending class. **Any diver answering yes to any contraindication must have the form signed by a physician.** All diving personnel must provide proof of open water certification. Light Salvage & Recovery students must provide proof of Dive Rescue 1 certification.

These programs are designed for personnel who are physically fit. Participants are encouraged to participate after successfully completing the IADRS Watermanship Test or testing to a fitness level of 13 MET (Metabolic Equivalents) or greater. Participants with aerobic fitness questions or concerns should consult their physician prior to in-water training. Participants who have poor aerobic fitness may attend this program as surface support personnel with the approval of the instructor.

BE SURE TO BRING US Coast Guard approved PFD with knife and whistle, adequate clothing and protection from the environment and pen and paper for note-taking and sketching. Diving students must provide their own equipment: Wetsuit and drysuit, scuba regulator: recently serviced and environmentally protected with alternate air source (i.e.: octopus, Air II, etc.), timing device, depth and submersible pressure gauge, BC with oral/power inflator, two tanks with current Hydro & VIP, mask, snorkel, fins, weight belt, two cutting tools (knife, wire cutters, or trauma shears) and full face mask.





PUBLIC SAFETY SCUBA INSTRUCTOR (PSSI) trains and certifies qualified candidates to then train non-divers as Public Safety Divers (PSDs). The Public Safety Diver (PSD) certification is the equivalent to an open water certification. As a PSSI, the instructor will be prepared to present a comprehensive course of study to members of public safety agencies aspiring to become PSDs. As a PSSI, the instructor will not only train new PSDs, but can upgrade their team's level of training by cross-training certified open water divers to the PSD level. PSSIs utilize a comprehensive educational system of teaching material including: a dedicated PSD student text and workbook, video presentations, a thorough PSSI manual (with outlines, narratives, and handouts), and a comprehensive open water training system. PSSI and PSD certifications meet or exceed all instructional requirements of the RSTC.

TOPICS INCLUDE Diving knowledge • Diving skills • Diving techniques • Classroom participation • Teaching techniques • Lecture skills • Pool skills • Open water skills

PREREQUISITES Member of public safety agency, at least 21 years old, open water scuba certification with a minimum of 100 logged dives (at least 50 of the dives must be public safety training or operational dives), current First Aid and CPR training, **all trainer courses require a physician signed medical statement**, successful completion of Dive Rescue I and Med Dive.

This program is designed for personnel who are physically fit. Participants are encouraged to participate after successfully completing the IADRS Watermanship Test or testing to a fitness level of 13 MET (Metabolic Equivalents) or greater. Participants with aerobic fitness questions or concerns should consult their physician prior to in-water training.

BE SURE TO BRING US Coast Guard approved PFD with knife and whistle, adequate clothing and protection from the environment and pen and paper for note-taking and sketching. Diving students must provide their own equipment: Scuba regulator: recently serviced and environmentally protected with alternate air source (i.e.: octopus, Air II, etc.), timing device, depth and submersible pressure gauges, BC with oral/power inflator, two tanks with current Hydro & VIP, mask, snorkel, fins, weight belt and two cutting tools (knife, wire cutters, or trauma shears), swim suit, exposure suit, and goggles. All students will be required to wear professional attire during classroom sessions including coat and tie.





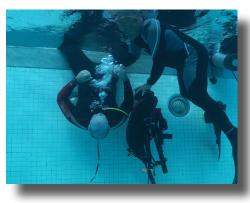
CRITICAL SKILLS DIVER TRAINER (CSDT) provides the Instructor with the skills required to improve a divers' ability to react to stress survival responses and prevent panic when diving. The instructor will learn to use repetition in training as a means to improve in-water confidence and competence. This program introduces the process of managing stress and preventing panic in diving through muscle memory, stress survival

responses, and stress inoculation drills. Obtaining the CSDT certification allows the Instructor to teach the Critical Skills Diver program in-house and to mutual aid departments.

TOPICS INCLUDE Stressors while diving: cause, signs, symtpoms, & prevention • Panic while diving: causes, signs, symptoms, & prevention • Management, prevention, and inoculation of stress • Physiological and psychological rigor • Entanglement protocol • Out of air emergency protocol • Problem solving underwater

PREREQUISITES All students must be a member of a public safety agency and at least 21 years of age. Students must read and complete a RSTC medical statement prior to attending class. **Any diver answering yes to any contraindication must have the medical statement signed by a physician.** Students must have proof of CPR and





First Aid training. Students must also be a current Public Safety Scuba Instructor or Dive Rescue 1 Trainer and must have proof of Critical Skills Diver certification.

This program is designed for personnel who are physically fit. Participants are encouraged to participate after successfully completing the IADRS Watermanship Test or testing to a fitness level of 13 MET (Metabolic Equivalents) or greater. Participants with aerobic fitness questions or concerns should consult their physician prior to in-water training. CSD is a Dive Rescue II training class, but due to the important nature of the training, students may attend without Dive Rescue I certification.

BE SURE TO BRING All students must bring: Pen and paper for notetaking and sketching. Diving students must provide their own equipment:

Exposure suit adequate for swimming pool environment, scuba regulator: recently serviced and environmentally protected with alternate air source (i.e.: octopus, Air III, etc.), timing device, depth and submersible pressure gauges, BC with oral/power inflator, two tanks with current Hydro & VIP, mask, snorkel, fins, weight system and two cutting tools (knife, wire cutters, or trauma shears) swim suit, exposure suit, and goggles. Recreational / Sport diving equipment is suggested. All students will be required to wear professional attire during classroom sessions including coat and tie.



DIVE RESCUE I TRAINER (DRIT) equips individuals with the knowledge, skills, and materials to effectively teach department personnel the Dive Rescue I training course including proper: accident scene response; reaction to surface and subsurface accidents in rescue or recovery mode; and preparation of surface support personnel to compliment the efforts of the divers. Dive Rescue I Trainers not only need to be proficient in the subjects listed below, they also must successfully complete the following: a final exam, delivery of a lecture on an assigned topic, and demonstrate proficiency in pool and open water diving skills. Graduates may then instruct their agency personnel, on their own schedule, for just the nominal cost of student kits.

TOPICS INCLUDE Drowning and PSD fatalities • Team organization and management

- Scene evaluation Service to the family, media and other agencies Search patterns
- $\bullet \ {\sf Victim \ retrieval} \bullet {\sf Vehicle-in-water \ accidents} \bullet {\sf Diving \ skills} \bullet {\sf Diving \ techniques}$
- Classroom participation Teaching techniques Lecture skills Pool skills
- Open water skills





PREREQUISITES All students must be a

member of a public safety agency, at least 21 years of age, PSSI or certified and current recreational scuba instructor, and possess current First Ad and CPR training. **All trainer courses require a physician signed medical statement**, successful completion of Dive Rescue I, Dive Rescue II, and Med Dive. This program is designed for personnel who are physically fit. Participants are encouraged to participate after successfully completing the IADRS Watermanship Test or testing to a fitness level of 13 MET (Metabolic Equivalents) or greater. Participants with aerobic fitness questions or concerns should consult their physician prior to in-water training.

BE SURE TO BRING US Coast Guard approved PFD with knife and whistle, adequate clothing and protection from the environment and pen and paper for note-taking and sketching. Diving students must provide their own equipment: Scuba regulator: recently serviced and environmentally protected with alternate air source (i.e.: octopus, Air II, etc.), timing device, depth and submersible pressure gauges, BC with oral/power inflator, two tanks with current Hydro & VIP, mask, snorkel, fins, weight system and two cutting tools (knife, wire cutters, or trauma shears), swim suit, exposure suit, and goggles. All students will be required to wear professional attire during classroom sessions including coat and tie.

RAPID INTERVENTION TECHNIQUES TRAINER (RITT) provides the Instructor with

skills required to improve the divers' ability to assess and respond to a PSD in distress, whether submerged or at the surface, and from a vessel or the shore. Instructors will work with RIT-specific equipment such as contingency air cylinders and rapid diver systems during in-class scenarios. Obtaining the RITT certification allows the Instructor to teach the Rapid Intervention Techniques program in-house and to mutual aid departments.

TOPICS INCLUDE Safety Diver roles and responsibilities • Comprehensive safety check • Signs of distress • Rapid Intervention Techniques to assist conscious and unconscious PSDs • Rapid Intervention Techniques to assist submerged divers in distress • Special considerations concerning staging safety divers • Specialized equipment



PREREQUISITES All students must be a member of a public safety agency and at least 21 years of age. Students must read and complete a RSTC medical statement prior to attending class. **Any diver answering yes to any contraindication must have the medical statement signed by a physician.** Students must have proof of CPR and First Aid training. Students must also be a current Public Safety Scuba Instructor or Dive Rescue 1 Trainer and must have proof of Rapid Intervention Techniques certification. This program is

designed for personnel who are physically fit.

BE SURE TO BRING US Coast Guard approved PFD with knife and whistle, adequate clothing and protection from the environment and pen and paper for note-taking and sketching. Diving students must provide their own equipment: while this course accommodates either recreational or mission ready scuba gear, mission style diving gear is suggested. One full air cylinder per dive session is required. All students will be required to wear professional attire during classroom sessions including coat and tie.