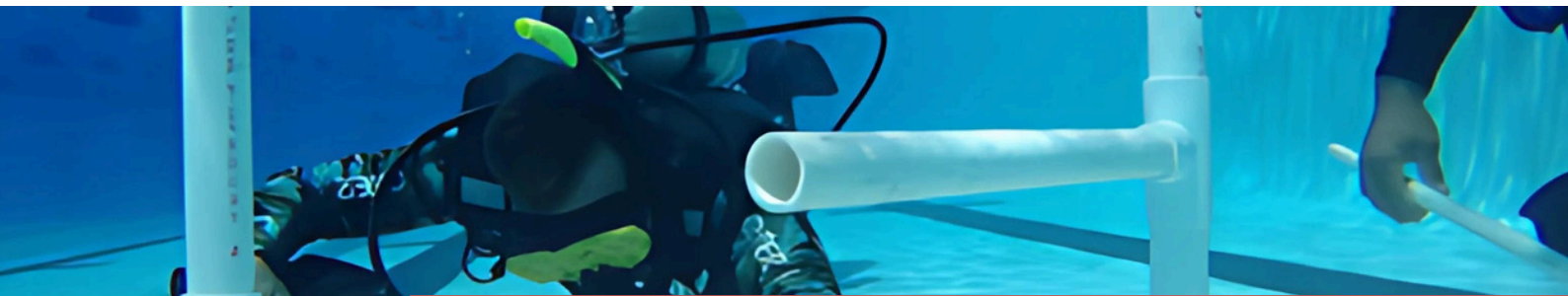




# CRITICAL SKILLS DIVER



## WILDWOOD, MISSOURI HOSTED BY METRO WEST FIRE PROTECTION DISTRICT AUGUST 6-7, 2025

### OBJECTIVE

Enhance your diving skills with our intensive in-water training program. Begin with classroom instruction, then tackle three pool sessions designed to build competence and confidence through controlled, demanding challenges. Prepare to master underwater emergencies and ensure your safety.

### MAIN TOPICS

Public Safety Diving Accidents  
Stress & Panic in Diving:  
    Causes  
    Signs  
    Symptoms  
    Prevention  
Crisis Rehearsal Drills  
In-Water Skills Practice Sessions

### LOCATION OF CLASS

Metro West FD - House 4  
16060 Clayton Road  
Ellisville, MO 63011

**CLASS BEGINS AT 8:00 AM**

**DURATION:** 2 Days / 16 Hours

**TUITION:** \$450.00 (US Funds) per student includes text book

**RECOMMENDED FOR:** Anyone who responds to public safety dive events including divers.

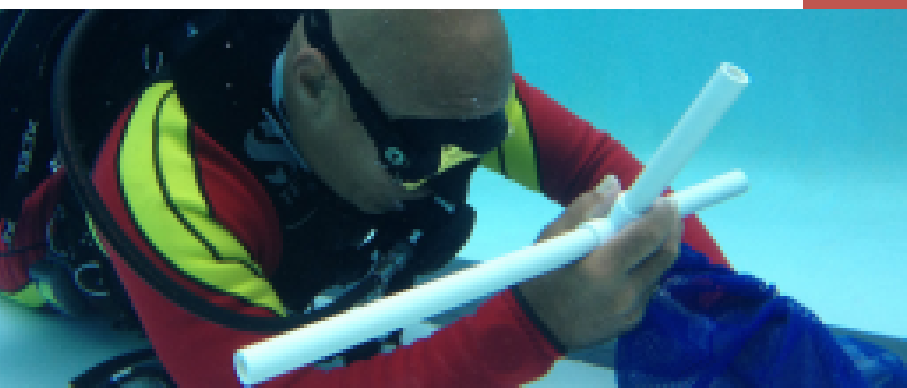
### ESTIMATED SCHEDULE

#### **DAY 1 of 2**

8:00-8:30 Registration  
8:30-12:00 Classroom  
12:00-1:00 Lunch Break  
1:00-5:00 Pool Exercises

#### **DAY 2 of 2**

8:00-12:00 Pool Exercises  
12:00-1:00 Lunch Break  
1:00-5:00 Pool Exercises





# CRITICAL SKILLS DIVER

**WILDWOOD, MISSOURI**  
**AUGUST 6-7, 2025**

HOSTED BY  
**METRO WEST FIRE PROTECTION DISTRICT**

## MAKING IT HAPPEN

### PREREQUISITES

- At least 18 years of age
- Member of a Public Safety Agency
- RSTC Medical Statement
- Open Water Certification
- Physically fit (13 MET or greater recommended)

### BRING TO CLASS

Pen and paper for note-taking and sketching.

### *Diving students must provide their own equipment :*

Wetsuit or dry suit, scuba regulator: recently serviced + environmentally protected with alternate air source (i.e.: octopus), timing device, depth + submersible pressure gauge, BC with oral/power inflator, 4 tanks with current Hydro + VIP, mask, snorkel, fins, weight belt + 2 cutting tools (knife, wire cutters, or trauma shears).

### TRAVEL

Check with Dive Rescue International to confirm class before making airline reservations.

### CANCELLATION

Prior to 3 weeks: Full Refund  
8-21 days prior: 50% Refund  
0-7 days prior: No refund

### AIRPORT

Lambert-St. Louis International Airport (STL)  
35-40 Minutes

### SUGGESTED ACCOMMODATIONS

DoubleTree  
16625 Swingley Ridge Rd  
Chesterfield, MO 63017  
636.532.5000

**REGISTER NOW**



CLASS NAME: CRITICAL SKILLS DIVER

LOCATION: WILDWOOD, MO

DATES: AUGUST 6-7, 2025

