

CRITICAL SKILLS DIVER



OBJECTIVE

Enhance your diving skills with our intensive inwater training program. Begin with classroom instruction, then tackle three pool sessions designed to build competence and confidence through controlled, demanding challenges.

Prepare to master underwater emergencies and ensure your safety.

MAIN TOPICS

Public Safety Diving Accidents
Stress & Panic in Diving:
Causes
Signs
Symptoms
Prevention
Crisis Rehearsal Drills
In-Water Skills Practice Sessions

LOCATION OF CLASS

Metro West FD - House 4 16060 Clayton Road Ellisville, MO 63011

CLASS BEGINS AT 8:00 AM

DURATION: 2 Days / 16 Hours

TUITION: \$450.00 (US Funds) per student includes text book

RECOMMENDED FOR: Anyone who responds to public safety dive events including divers.

ESTIMATED SCHEDULE

DAY 1 of 2
8:00-8:30 Registration
8:30-12:00 Classroom
12:00-1:00 Lunch Break
1:00-5:00 Pool Exercises
DAY 2 of 2
8:00-12:00 Pool Exercises
12:00-1:00 Lunch Break
1:00-5:00 Pool Exercises



CRITICAL SKILLS DIVER

WILDWOOD, MISSOURI **JUNE 4-5, 2025**

HOSTED BY

METRO WEST FIRE PROTECTION DISTRICT

MAKING IT HAPPEN

PREREQUISITES

- At least 18 years of age
- Member of a Public Safety Agency
- **RSTC Medical Statement**
- **Open Water Certification**
- Physically fit (13 MET or greater recommended)

BRING TO CLASS

Pen and paper for note-taking and sketching.

Diving students must provide their own equipment:

Wetsuit or dry suit, scuba regulator: recently serviced + environmentally protected with alternate air source (i.e.: octopus), timing device, depth + submersible pressure gauge, BC with oral/power inflator, 4 tanks with current Hydro + VIP, mask, snorkel, fins, weight belt + 2 cutting tools (knife, wire cutters, or trauma shears).

TRAVEL

Check with Dive Rescue International to confirm class before making airline reservations.

CANCELLATION

Prior to 3 weeks: Full Refund 8-21 days prior: 50% Refund 0-7 days prior: No refund

AIRPORT

Lambert-St. Louis International Airport (STL) 35-40 Minutes

SUGGESTED ACCOMMODATIONS

DoubleTree 16625 Swingley Ridge Rd Chesterfield, MO 63017 636.532.5000

REGISTER NOW



CLASS NAME: CRITICAL SKILLS DIVER LOCATION: WILDWOOD, MO DATES: JUNE 4-5, 2025



