



# SWIFTWATER RESCUE TRAINER



## DUDLEY, MASSACHUSETTS

HOSTED BY  
DUDLEY FIRE DEPARTMENT -  
METROPOLITAN AREA PLANNING COUNCIL

## SEPTEMBER 15-19, 2025

### OBJECTIVE

Dive Rescue International's Swiftwater Rescue Trainer Program is designed to enhance department readiness for one of the most high-risk environments: swiftwater and flood response. This program provides Trainers with a proven, practical system to standardize rescue techniques and elevate team performance. Using Swiftwater Rescue Student Kits, certified Trainers gain the ability to deliver Swiftwater I and II training directly to their own personnel. This not only builds internal capacity but also ensures consistent, high-quality instruction tailored to your team's operational needs. Participants leave the course with a complete training system, ready to implement immediately—upgrading department capabilities while maximizing training budgets.

An application is required prior to registration.

### LOCATION OF CLASS

Dudley Fire Department  
128 W Main St.  
Dudley MA 01571

### CLASS BEGINS AT 8:00 AM

DURATION: 5 Days / 75 Training Hours

TUITION: \$1,100.00 (US Funds) per student  
includes text book

RECOMMENDED FOR: All first responders who organize and manage inherently dangerous or complicated swiftwater rescue events.

### MAIN TOPICS

Teaching the Adult Learner  
Preparation and Effective  
Presentation of the Swiftwater  
Rescue Program  
Swiftwater Rescue II Program Overview  
Testing and Evaluation of Students  
Site Preparation for Swiftwater  
Course Operations  
Site Survey Hazard Identification  
Personal Protective  
Equipment Education

### ESTIMATED SCHEDULE

#### DAY 1 of 5

8:00-12:00 Introductions, Course Preview,+ Team Building Skills  
13:30-17:00 Pool Exercises  
18:00-22:00 Classroom

#### DAY 2 of 5

8:00-12:00 Classroom w/ Field Exercises  
13:00-17:00 Field Exercises  
1800-2200 Classroom

#### DAY 3 of 5

8:00- 12:00 Classroom w/ Field Exercises  
13:00-17:00 River Exercises  
18:00-22:00 Candidate Lectures

#### DAY 4 of 5

0800- 1700 River Exercises  
1800- 2200 Candidate Lectures and Final Exam

#### DAY 5 of 5

0800 - 1400 River Exercises  
1500 - 1700 Trainer Review and Closing





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MAKING IT HAPPEN

## PREREQUISITES

- At least 21 Years of Age
- Member of a Public Safety Agency
- Trainer Application Including:
  - Proof of Swiftwater Rescue Training from a recognized training agency issued within 3 years of start of class and completion of Swiftwater Rescue II through Dive Rescue International
  - Physician Clearance to Participate
  - Letter of Sponsorship
- Proof of First Aid and CPR
- This course is designed for individuals who are physically fit (testing to 13 MET or better)

## BRING TO CLASS

- All students will be required to wear business attire, including coat and tie, during all classroom sessions. Women may wear dress, skirt, blazer and slacks, etc.
- US Coast Guard approved and swiftwater appropriate PFD
- Cutting Tool
- Whistle
- Adequate clothing and protection for the environment
- Pen and Paper for note-taking and sketching.
- **All candidates must bring:** rope handling gloves, helmet, swiftwater appropriate exposure suit, fins, boogie board, gloves, footwear, swimsuit, mask, fins, snorkel, and swim goggles.

## TRAVEL

Check with Dive Rescue International to confirm class before making airline reservations.

## CANCELLATION

Prior to 3 weeks: Full Refund  
8-21 days prior: 50% Refund  
0-7 days prior: No refund

## AIRPORT

Boston Logan International Airport (BOS)  
1 Hour and 10 Minutes

## SUGGESTED ACCOMMODATIONS

Southbridge Hotel  
14 Mechanic Street  
Southbridge, MA 01550  
508.765.8000

REGISTER NOW



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LOCATION: DUDLEY, MA  
DATES: SEPTEMBER 15-19, 2025

