

# **CRITICAL SKILLS DIVER**



### Metro West-FIRE PROTECTION DISTRICT

An internationally accredited agency since 2012.

# WILDWOOD, MISSOURI HOSTED BY METRO WEST FIRE PROTECTION DISTRICT AUGUST 6-7, 2025

# **OBJECTIVE**

Enhance your diving skills with our intensive inwater training program. Begin with classroom instruction, then tackle three pool sessions designed to build competence and confidence through controlled, demanding challenges. Prepare to master underwater emergencies and ensure your safety.

# MAIN TOPICS

Public Safety Diving Accidents Stress & Panic in Diving: Causes Signs Symptoms Prevention Crisis Rehearsal Drills In-Water Skills Practice Sessions



## LOCATION OF CLASS

Metro West FD - House 4 16060 Clayton Road Ellisville, MO 63011

**CLASS BEGINS AT 8:00 AM** 

DURATION: 2 Days / 16 Hours

**TUITION:** \$450.00 (US Funds) per student includes text book

**RECOMMENDED FOR:** Anyone who responds to public safety dive events including divers.

# **ESTIMATED SCHEDULE**

DAY 1 of 2 8:00-8:30 Registration 8:30-12:00 Classroom 12:00-1:00 Lunch Break 1:00-5:00 Pool Exercises DAY 2 of 2 8:00-12:00 Pool Exercises 12:00-1:00 Lunch Break 1:00-5:00 Pool Exercises



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## **MAKING IT HAPPEN**

### PREREQUISITES

- At least 18 years of age
- Member of a Public Safety Agency
- RSTC Medical Statement
- Open Water Certification
- Physically fit (13 MET or greater recommended)

## **BRING TO CLASS**

Pen and paper for note-taking and sketching.

#### Diving students must provide their own equipment :

Wetsuit or dry suit, scuba regulator: recently serviced + environmentally protected with alternate air source (i.e.: octopus), timing device, depth + submersible pressure gauge, BC with oral/power inflator, 4 tanks with current Hydro + VIP, mask, snorkel, fins, weight belt + 2 cutting tools (knife, wire cutters, or trauma shears).

#### <u>TRAVEL</u>

Check with Dive Rescue International to confirm class before making airline reservations.

#### **CANCELLATION**

Prior to 3 weeks: Full Refund 8-21 days prior: 50% Refund 0-7 days prior: No refund

#### <u>AIRPORT</u>

Lambert-St. Louis International Airport (STL) 35-40 Minutes

#### SUGGESTED ACCOMMODATIONS

DoubleTree 16625 Swingley Ridge Rd Chesterfield, MO 63017 636.532.5000

# **REGISTER NOW**





<u>CLASS NAME</u>: CRITICAL SKILLS DIVER <u>LOCATION</u>: WILDWOOD, MO <u>DATES</u>: AUGUST 6-7, 2025