



# DIVE RESCUE 1 TRAINER (DR1T)



## SUNRISE, FLORIDA HOSTED BY SUNRISE FIRE DEPARTMENT NOVEMBER 10-14, 2025

### OBJECTIVE

This program prepares experienced responders to teach their own teams how to safely and effectively handle dive rescue and recovery incidents. Candidates will learn to train personnel in critical surface and subsurface operations, plus the support roles that make every mission possible. Successful graduates earn certification as a Dive Rescue I Trainer (DRIT) – qualified to deliver Dive Rescue International's foundational Dive Rescue I course to their department. Empower your team. Lead with confidence. Train the next generation of public safety divers.

### MAIN TOPICS

- Teaching the Adult Learner
- Multimedia Usage
- Pool and Open Water Teaching Techniques
- Discussion of Standards
- Public Safety Drowning Accidents
- Selecting, Training, and Equipping a Dive Team
- Scene Evaluation
- Underwater Investigation
- Evidence Recovery
- Dealing with Family, Media, and Other Agencies
- Search Patterns
- Victim Retrieval
- Vehicle Accidents
- Accident Scene Evaluation
- Introduction to Specialized Equipment
- Professional Conduct
- Accident Prevention
- Planning the Dive
- Handling Panic and Stress
- Record Keeping

### LOCATION OF CLASS

Sunrise Station 92  
13721 NW 21<sup>st</sup> St.  
Sunrise, FL 33323

### CLASS BEGINS AT 8:00 AM

**DURATION:** Pre-Course Study - 50 hours; 5-day Training Program - 60 hours; 110 hours (minimum)

**TUITION:** \$1,350/per student OR \$1,000 if PSSSI certification is current, includes study book

**RECOMMENDED FOR:** Experienced current certified Public Safety Scuba Instructors or recreational scuba instructors with department affiliation.

### ESTIMATED SCHEDULE

#### DAY 1

8:00-8:30 Registration  
8:30-12:00 Classroom  
12:00-1:00 Lunch  
1:00-5:00 Pool Exercises  
7:00-10:00 Classroom

#### DAY 2

8:00-12:00 Classroom  
12:00-1:00 Lunch  
1:00-5:00 Pool/Field Exercises  
7:00-10:00 Classroom

#### DAY 3

8:00-12:00 Field Exercises  
3:00-5:00 Field Exercises  
7:00-10:00 Classroom

#### DAY 4

8:00-12:00 Field Exercises  
1:00-8:30 Classroom  
9:30-11:30 Study Session

#### DAY 5

8:00-12:00 Classroom  
1:00-8:30 Review, Final Exam, Closing,  
Exit Interview



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SUNRISE, FLORIDA  
NOVEMBER 10-14, 2025

HOSTED BY  
SUNRISE FIRE DEPARTMENT

MAKING IT HAPPEN

## PREREQUISITES

- All students must be a member of a Public Safety Agency
- At least 21 years of age.
- Public Safety Scuba Instructor or certified and current recreational scuba instructor.
- Current First Aid and CPR Training.
- Completed Medical Questionnaire signed by a physician.
- Successful completion of Dive Rescue 1, two advanced diving courses (Dive Rescue II certification) and Med Dive.
- This program is designed for personnel who are physically fit. Participants are encouraged to participate after successfully completing the IADRS Watermanship Test or testing to a fitness level of 13 MET (Metabolic Equivalents) or greater.
- *Participants with aerobic fitness questions or concerns should consult their physician prior to in-water training. Participants who have poor aerobic fitness may attend this program as surface support personnel with the approval of the instructor.*

## BRING TO CLASS

US Coast Guard approved PFD with knife and whistle, adequate clothing and protection from the environment and pen and paper for note-taking and sketching.

**Diving students must provide their own equipment**: Wetsuit or dry suit, scuba regulator: recently serviced + environmentally protected with alternate air source (i.e.: octopus), timing device, depth + submersible pressure gauge, BC with oral/power inflator, 2 tanks with current Hydro + VIP, mask, snorkel, fins, weight belt + 2 cutting tools (knife, wire cutters, or trauma shears).

## TRAVEL

Check with Dive Rescue International to confirm class before making airline reservations.

## CANCELLATION

Prior to 3 weeks: Full Refund

8-21 days prior: 50% Refund

0-7 days prior: No refund

## AIRPORT

Fort Lauderdale-Hollywood International Airport (FLL) - 25 minutes

## SUGGESTED ACCOMMODATIONS

DoubleTree

13400 Sunrise Blvd.

Sunrise, FL 93277

954.835.3611

Corporate Account # 2987663

RATE: \$164.00/Night

REGISTER NOW



CLASS NAME: DIVE RESCUE 1 TRAINER

LOCATION: SUNRISE, FL

DATES: NOVEMBER 10-14, 2025

