



HOSTED BY

DOWNRIVER MUTUAL AID UNDERWATER RECOVERY TEAM

DECEMBER 10-11, 2025

CSD training focuses on building in-water confidence through repetition, emphasizing muscle memory, stress responses, and emergency preparedness. Students practice key skills to prevent and manage diving emergencies effectively.

LOCATION OF CLASS

Grosse Ile, Fire Department

24525 Meridian Road

Grosse Ile, MI 48138

CLASS BEGINS AT 8:00 AM

Define Diver Limits

Identify Diver Skills

Different Stages of Diver Stress

Scuba Diving-Related Stressors

Different Signs of Stress a Diver Can Exhibit

Physiological Effects of Stress

Panic Reaction and the Physiological + Behavioral Symptoms

Examine Diver Fatality Profiles

Examine Human Cognitive Systems

Examine Human Physiological Systems

Fitness, Confidence, + Competence Training

Scene Evaluation

DURATION: 2 Days / 16 Training Hours

TUITION: \$550.00 (US Funds) per student
includes text book

RECOMMENDED FOR: Certified divers and surface support personnel.

ESTIMATED SCHEDULE

DAY 1 of 2

8:00-8:30 Welcome + Registration;

Introduction of Instructors + Students, Course Overview + Objectives

8:30-10:30 Classroom

10:30-11:30 Break

11:30-4:00 Pool Session # 1

DAY 2 of 2

8:00-11:00 Pool Session # 2

11:00-12:00 Break

12:00-4:00 Pool Session # 3





CRITICAL SKILLS DIVER

GROSSE ILE, MICHIGAN
DECEMBER 10-11, 2025

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MAKING IT HAPPEN

PREREQUISITES

- At least 18 Years of Age
- Member of a Public Safety Agency
- RSTC Medical Statement
- Open Water Certification
- Physically Fit (13 MET or greater recommended)

BRING TO CLASS

All students must bring:

- US Coast Guard-approved PFD with knife and whistle
- Adequate clothing and protection from the environment
- Pen and paper for note-taking and sketching

Diving students must provide their own equipment: Scuba regulator: recently serviced and environmentally protected with alternate air source (i.e.: octopus, Air II, etc.), timing device, depth and submersible pressure gauges, BC with oral/power inflator, two tanks with current Hydro & VIP, full face mask, snorkel, fins, weight belt and two cutting tools (knife, wire cutters, or trauma shears), and dry suit.

TRAVEL

Check with Dive Rescue International to confirm class before making airline reservations.

CANCELLATION

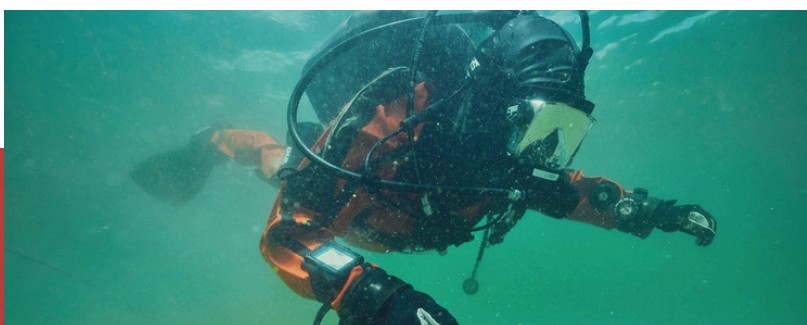
Prior to 3 weeks: Full Refund
8-21 days prior: 50% Refund
0-7 days prior: No refund

AIRPORT

Detroit Metropolitan Wayne County Airport (DTW)
32 Minutes

SUGGESTED ACCOMMODATIONS

Holiday Inn Express
21500 West Road
Woodhaven, MI 48183
734.362.0933



REGISTER NOW



CLASS NAME: CSD
LOCATION: GROSSE ILE, MI
DATES: DECEMBER 10 -11, 2025