



# DIVE RESCUE II (DRII):

CRITICAL SKILLS DIVER (CSD) + RAPID INTERVENTION TECHNIQUES (RIT)



**LITCHFIELD, ILLINOIS  
HOSTED BY  
LITCHFIELD FIRE DEPARTMENT  
AUGUST 10-13, 2026**

## **OBJECTIVE**

The Dive Rescue II course is an intensive four-day program combining critical skills diving and rapid intervention techniques into one comprehensive training. CSD training focuses on building in-water confidence through repetition, emphasizing muscle memory, stress responses, and emergency preparedness. Students practice key skills to prevent and manage diving emergencies effectively. After completing the RIT program, the Public Safety Diver (PSD) will have established the baseline skills, knowledge, and abilities to recognize and respond to a PSD in distress on the surface or submerged. This course addresses requisite knowledge requirements found in NFPA standards.

### **CSD TOPICS:**

Define Diver Limits

Identify Diver Skills

Different Stages of Diver Stress

Scuba Diving-Related Stressors

Different Signs of Stress a Diver Can Exhibit

Physiological Effects of Stress

Panic Reaction & the Physiological & Behavioral Symptoms

Examine Diver Fatality Profiles

Examine Human Cognitive Systems

Examine Human Physiological Systems

Fitness, Confidence, & Competence Training

Scene Evaluation

### **RIT TOPICS:**

Safety Diver Roles & Responsibilities

Safety Check

Signs of Distress

Rapid Intervention Techniques to Assist Conscious and Unconscious PSDs

Rapid Intervention Techniques to Assist Submerged Divers in Distress

Special Considerations Concerning Staging Safety Divers

Specialized Equipment

## **LOCATION OF CLASS**

Litchfield Fire Department

Westside Station

1 Skyview Lane

Litchfield, IL 62056

**CLASS BEGINS AT 8:00 AM**

**DURATION:** 4 Days / 32 Training Hours

**TUITION:** \$1,100.00 (US Funds) per student, includes text book

**RECOMMENDED FOR:** Certified divers and surface support personnel.

## **ESTIMATED SCHEDULE**

### **DAY 1 of 4**

8:00AM - 8:30AM: Registration

8:30AM - 12:00PM: Classroom

12:00PM - 1:00PM: Lunch Break

1:00PM - 5:00PM: Pool Exercises

### **DAY 2 of 4**

8:00AM - 12:00PM: Classroom

12:00PM - 1:00PM: Lunch Break

1:00PM - 5:00PM: Pool Session 1

### **DAY 3 of 4**

8:00AM - 12:00PM: Pool Session 2

12:00PM - 1:00PM: Lunch Break

1:00PM - 5:00PM: Pool Session 3

### **DAY 4 of 4**

8:00AM - 12:00PM: Pool Session 4

12:00PM - 1:00PM: Lunch Break

1:00PM - 5:00PM: Review, Exam, & Closing



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## MAKING IT HAPPEN

### PREREQUISITES

- At least 18 years of age
- Member of a Public Safety Agency
- RSTC Medical Statement
- Open Water Certification
- Physically fit (13 MET or greater recommended)

### BRING TO CLASS

All students will need:

- U.S. Coast Guard approved Personal Flotation Device (PFD)
- A knife
- A whistle
- Adequate clothing for working outside
- Pen and paper for taking notes and sketching

*Diving students must provide their own equipment:*

- Wetsuit or Drysuit
- Scuba regulator- recently serviced and environmentally protected with alternate air source (i.e.: Octopus, Air II, ect.)
- Timing device
- Depth and submersible pressure gauge
- BC with oral/power inflator
- Two tanks with current Hydro & VIP
- Full Face Mask, Snorkel, & Fins
- Weight belt
- Two cutting tools (knife, wire cutters, or trauma shears)

### TRAVEL

Check with Dive Rescue International to confirm class before making airline reservations.

### CANCELLATION

Prior to 3 weeks: Full Refund  
8-21 days prior: 50% Refund  
0-7 days prior: No Refund

### AIRPORT

St. Louis Lambert Airport (STL)  
1 Hour

### SUGGESTED ACCOMMODATIONS

Holiday Inn Express Litchfield West  
4 Thunderbird Circle  
Litchfield, IL 62056  
217.360.8679

### RENTAL EQUIPMENT

Scuba World Inc.  
3324 N. Illinois St.  
Swansea, IL 62226  
618.277.3483



## REGISTER NOW



**CLASS NAME: DIVE RESCUE II (CSD+RIT)**  
**LOCATION: LITCHFIELD, IL**  
**DATES: AUGUST 10-13, 2026**